

## He Lifted Me

*I will extol Thee, O Lord, for Thou hast lifted me up. Psalm 30:1*

G - 3 - SOL↓

1. In lov - ing kind - ness Je - sus came My soul in mer - cy  
 2. He called me long be - fore I heard, Be - fore my sin - ful  
 3. His brow was pierced with many a thorn, His hands by cru - el  
 4. Now on a high - er plane I dwell, And with my soul I

to re - claim, And from the depths of sin and shame Thru grace He  
 heart was stirred, But when I took Him at His word, For - giv'n He  
 nails were torn, When from my guilt and grief, for - lorn, In love He  
 know 'tis well, Yet how or why, I can - not tell, He should have

**Chorus**

lift - ed me. (He lift - ed me.)  
 lift - ed me. (He lift - ed me.)  
 lift - ed me. (He lift - ed me.)  
 lift - ed me. (He lift - ed me.)

From sink - ing sand He lift - ed me,

With ten - der hand He lift - ed me, From shades of night

to plains of light, O praise His name, He lift - ed me!

The image shows a musical score for a song in G major, indicated by a single sharp (F#) on the treble staff. The melody is written in the treble staff, and the bass line is in the bass staff. The lyrics are written below the treble staff. The music consists of 12 measures. The first measure is a whole note G4. The second measure is a half note A4. The third measure is a half note B4. The fourth measure is a half note C5. The fifth measure is a half note D5. The sixth measure is a half note E5. The seventh measure is a half note F#5. The eighth measure is a half note G5. The ninth measure is a half note F#5. The tenth measure is a half note E5. The eleventh measure is a half note D5. The twelfth measure is a half note C5. The bass line consists of whole notes: G2, F#2, E2, D2, C2, B1, A1, G1, F#1, E1, D1, C1. The lyrics are: "to plains of light, O praise His name, He lift - ed me!".